

Step aerobics took
the 1990's by
storm and
we're bringing
it back!



BACK
to the
90's



OPEN
TO THE
PUBLIC

FRI•SEP•8

STEP AEROBICS CLASS

Fort Buchanan Community Club

Get your heart rate pumping, increase your physical and mental health!

Come take part in this fun, choreographed high-intensity
low-level impact workout! Spread the word, bring your friends!

Register at EVENTBRITE, <https://bit.ly/Back-2-90s> or 787-707-3767

Cost: \$10 pp, includes: one bottled water and
one T-Shirt (Strong BANDS). Active-wear
dress code. Only 25 spaces available,
reserve now!!

